

**Luxury Coach Tour**  
**NAN TIEN TEMPLE & WOLLONGONG 2024**  
**Tuesday 21st May**



**Cost: \$88** which includes luxury coach transport, morning tea, lunch, admission to temple and Tai Chi Lesson.

**Meet: West Pennant Hills Sports Club**

**Time: 8.15am for 8.30am departure**

**Return: 4.30pm approximately**

**On Course Tours' description of day trip:-**

*Following morning tea at Sublime Point with its panoramic views, we continue south to Berkeley for a tour of the amazing Nan Tien Buddhist Temple. Our guided tour will explain some of the principles of the religion as well as the shrines and pagoda that make up Nan Tien. Whether or not you choose to follow the path to enlightenment you will be impressed with the striking architecture and fine craftsmanship of the Temple built at a cost of over \$30 million from donations from the Buddhist community within Australia and Taiwan. Set on over 50 acres, the temple also boasts lovely gardens and accommodation for weekend workshops in Buddhist studies, Chinese language, Tai Chi, vegetarian cooking and many other courses. Lunch will be a selection of healthy vegetarian foods. Choose from three dishes and noodles. Based on traditional and modern recipes, all meals are prepared in the famous kitchen of Nan Tien Temple by the experienced chefs. After lunch we will have the opportunity to try our hand at the flowing motions of Tai Chi. This Chinese martial art is practiced not only for its defence training, but also its health benefits and meditation. Upon leaving the temple, we will have a brief tour of the Wollongong district and its beautiful beaches and harbour. Our return home will be via the Seacliff Bridge and Illawarra Coast Road.*

**Please let me know ASAP if you would like to join us and pay \$88 into the Probus Activities Account with your surname and Temple as a reference by Tuesday 30th April**

**Helen Games**